

West Cape May Elementary School Lunch Menu

All Lunches include:
Fat Free Chocolate Milk or 1% White Milk
Serving of Fruit and Serving of Veggies

All sandwiches available without cheese


This institution is an equal opportunity provider

June 2022

Meals are Free to
ALL Students

Menu subject to change

Visit www.choosemyplate.com for
Nutrition Tips and fun activities!

| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|--|--|--------------------------------|
|  | | 1 Deli Ham & Cheese Sandwich | 2 PB&J Sandwich with a Yogurt Cup | 3 Cheese Pizza |
| 6 Chicken Nuggets Dinner Roll | 7 Tuna Salad on a Long Roll | 8 Grilled Chicken on a Soft Bun | 9 Hot Dog on a Bun | 10 Cheese Pizza |
| 13 Chicken Patty on a Bun | 14 Egg Patty, Ham Slice & American Cheese on a Bagel | 15 Cheeseburger on a Bun | 16 Deli Ham & Cheese on a Bun | 17 School Closed |
| 20 Early Dismissal 12:40 Grab & Go Lunch PB&J Sandwich with a Cheese Stick | 21 Early Dismissal 12:40 Grab & Go Lunch Deli Turkey & Cheese Sandwich | 22 Last Day of Regular School Year Early Dismissal 12:40 Grab & Go Lunch Bagel Yogurt Cup and Cheese Stick | | |

Have a Fun Summer! Here's a website to visit: www.nourishinteractive.com

