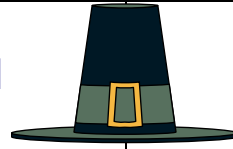


# West Cape May Elementary School Lunch Menu



November 2021

School Meals are  
Free to All Students



All Lunches include:  
Serving a Fruit &  
Serving of Vegetables  
& Fat Free Chocolate Milk or 1% White Milk

**BREAKFAST**  
is available upon arrival  
and Classroom Teachers will take  
**LUNCH orders in morning**

Menu subject to change

*This institution is an  
equal opportunity provider*

Thank you for participating in our School Lunch Program!

Vist this website for fun nutrition and health games!

<https://www.choosemyplate.gov/kids> 😊

Monday	Tuesday	Wednesday	Thursday	Friday
1 Chicken Nuggets Warm Pretzel Nuggets	2 Ham & Cheese Sandwich	3 <b>School Closed</b> Teacher's In-Service	4 <b>School Closed</b> NJEA Convention	5 <b>School Closed</b> NJEA Convention
8 Chicken Patty on a Bun	9 Bagel & Yogurt Cup & Cheese Stick	10 Cheeseburger on a Bun	11 Turkey & Cheese on a Sub Roll	12 Cheese Pizza
15 Chicken Nuggets Dinner Roll	16 Warm Ham & Cheese on a Bun	17 Tuna Salad on a Sub Roll  <i>Early Dismissal 12:40</i> <b>Grab &amp; Go Lunch</b>	18 Roast Turkey on a Kaiser Roll  <i>Early Dismissal 12:40</i> <b>Grab &amp; Go Lunch</b>	19 <i>Heat &amp; Eat!</i> Cheese Pizza  <i>Early Dismissal 12:40</i> <b>Grab &amp; Go Lunch</b>
22 Chicken Patty on a Bun	23 Fish Sticks Warm Pretzel Nuggets	24 Classic PB & J with a Yogurt Cup  <i>Early Dismissal 12:40</i> <b>Grab &amp; Go Lunch</b>	 <b>Happy Thanksgiving</b>  <b>School Closed</b>	26  <b>School Closed</b>
29 Chicken Nuggets Dinner Roll w/butter pat	30 Cheeseburger on a Bun	Dec. 1 Deli Ham & Cheese on a Soft Bun	2 Tossed Salad Topped w/ Seasoned Chicken Strips & Dinner Roll	3 Cheese Pizza