

West Cape May Elementary School Lunch Menu



All Lunches include:
 Fat Free Chocolate Milk or 1% White Milk
 Serving of Fruit and Serving of Veggies
All sandwiches available without cheese upon request

This institution is an equal opportunity provider




May 2022

School Breakfast and Lunch are
FREE to ALL Students!

for any food service questions.
 Thank you!

Menu subject to change

Visit www.choosemyplate.com for
*Nutrition Tips and fun nutrition
 activities!*

Monday	Tuesday	Wednesday	Thursday	Friday
2 Chicken Patty on a Bun	3 Bagel, Yogurt and Cheese Stick	4 Hot Dog on a Bun	5 <i>Cinco de Mayo</i> Chicken & Cheese Quesadilla	6 Cheese Pizza
9 Chicken Nuggets Dinner Roll	10 Fish Sticks Pretzel Nuggets	11 Chicken Parm on a Bun	12 Toasted Cheese Sandwich	13 Cheese Pizza
16 Chicken Patty on a Bun	17 Peanut Butter & Jelly with a Yogurt Cup	18 Cheeseburger on a Bun	19 Tuna Salad & Cheese Wrap	20 Cheese Pizza
23 Chicken Nuggets with Pretzels Nuggets	24 Hot Dog on a Bun	25 Deli Turkey & Cheese on a Bun	26 Toasted Cheese Sandwich	27 Cheese Pizza 12:40 Early Dismissal
30 <i>School Closed</i>  <i>Memorial Day</i>	31 Cheeseburger on a Bun	June 1 Deli Ham & Cheese Sandwich	2 Peanut Butter & Jelly Sandwich with a Yogurt Cup	3 Cheese Pizza