

West Cape May Elementary School LUNCH MENU



All lunches include:

Fat Free Chocolate Milk or 1% White Milk
Daily Variety of Fresh Fruit Selections or
Chilled Fruit Cup, and a Serving of Vegetables

**Meals are available upon request for quarantining students,
please contact office@cmcboe.net.**

January 2022

No Charge for
School Meals



Menu subject to change

This institution is an equal opportunity provider

Monday	Tuesday	Wednesday	Thursday	Friday
	Happy New Year!			
3 Chicken Nuggets Dinner Roll	4 Warm Ham & Cheese On a Soft Bun	5 Cheese Burger on a Bun	6 Bagel, Yogurt and String Cheese Lunch	7 Cheese Pizza
10 Chicken Patty On a Bun	11 Bagel Sandwich Egg, Ham & Cheese	12 Hot Dog on a Bun	13 Tuna Salad Sub	14 Cheese Pizza Early Dismissal Today 12:40 PM Grab & Go Lunch
School Closed Martin Luther King, Jr. Day	18 Chicken Nuggets Dinner Roll	19 Toasted Cheese Sandwich	20 Bagel, Yogurt and String Cheese Lunch	21 Cheese Pizza 
24 Chicken Patty on a Bun	25 Warm Ham & Cheese On a Soft Bun	26 Cheese Burger on a Bun	27 Turkey and Cheese on a Sub Roll	28 Cheese Pizza
31 Chicken Nuggets Dinner Roll	Feb. 1 Bagel Sandwich Egg, Ham & Cheese	2 Hot Dog on a Bun	3 Toasted Cheese Sandwich	4 Cheese Pizza

